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THE COURAGEOUS SAILING CENTER

Boston Redevelopment Authority
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Courageous Sailing Center, Inc.
Harry McDonough

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The Courageous Sailing Center, Inc. and the Boston Redevelopment Authority gratefully acknowledge the contributions and support of the Parks and Recreation Department of the City of Boston and its Commissioner, William Coughlin, without whose contributions this program would not be possible.

THE COURAGEOUS SAILING CENTER

JANUARY 27, 1987

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CITY OF BOSTON • MASSACHUSETTS

OFFICE OF THE MAYOR
RAYMOND L. FLYNN

November 5, 1986

Leonard Greene
Safe Lite Instrument Company
White Plains Airport
White Plains, NY 10604

Dear Mr. Greene:

I am writing to request your support for a very important endeavor in the City of Boston. The endeavor is the founding of a youth sailing club in the Charlestown neighborhood of Boston. We would request this support in the form of the donation of the yacht, Courageous, to the club. Harry McDonough, whom I'm sure you've met, is the founder of the club and very much wants to name it "The Courageous Sailing Club."

We have a simple goal in supporting this club. We want to provide youngsters from all backgrounds with a chance to learn a little about sailing and a lot about themselves. They would also learn a lot about each other. The whole community would be enriched by the youngsters' opportunity to share and learn about each others' traditions, interests, and aspirations.

The Courageous would be an enduring symbol and an important educational tool. It would be a rallying point for those hundreds of kids who have the courage to learn, to reach out, and to grow.

We would be deeply indebted for your assistance and generosity in this mission.

If you have any further questions, please do not hesitate to call my Executive Assistant, Joseph F. Fisher, at (617) 725-3151. Thank you in advance for your consideration of this matter.

Sincerely yours,

Raymond L. Flynn

Raymond L. Flynn
Mayor of Boston

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LOCATION

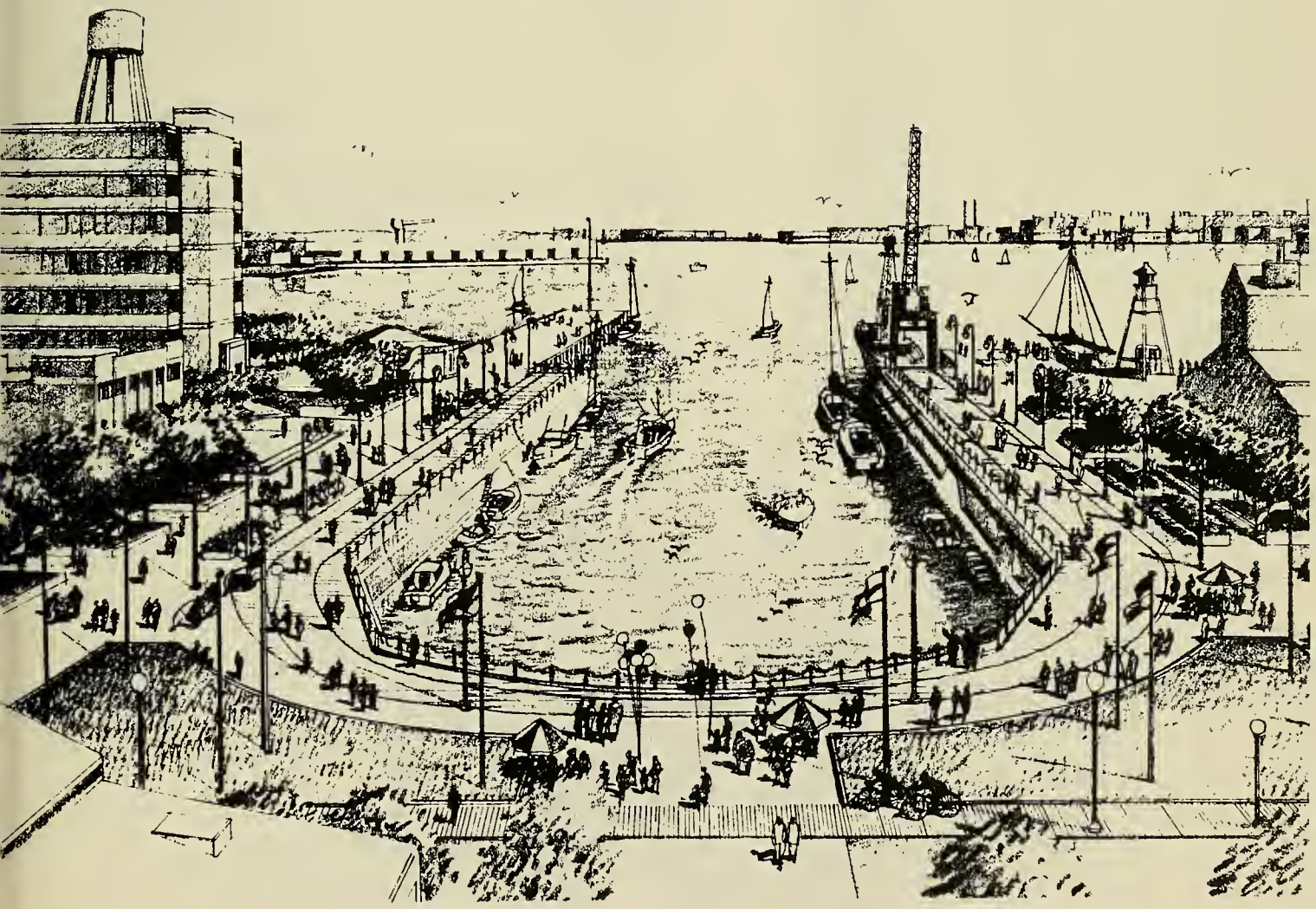
The Courageous Sailing Program will be operated in the Pier 4/Dry Dock 2 area of the Charlestown Navy Yard, adjacent to the new, sixteen acre Shipyard Park. This ideal location will provide a most dramatic permanent home for the Courageous -- in the nation's largest and most ambitious historic rehabilitation project. The City of Boston and the Boston Redevelopment Authority are converting the historic Navy Yard into an active urban environment with a full range of residential, commercial, and recreational uses. Shipyard Park is a beautiful, precious public open space on Boston's waterfront -- a centerpiece of Mayor Flynn's Harborpark program for public access to the water -- offering a variety of opportunities for active and passive recreation including waterfront festivals, public docking facilities, sailing, and fishing.

Location Map

PURPOSE OF THE PROGRAM

The Courageous Sailing Program will provide sail training for the youth of Boston. The Courageous itself will greatly contribute to this program, both as an inspirational symbol and as a training ship for the sailing program. During the off season the Courageous will be on public exhibit.

The Program will draw participants from all of Boston's diverse neighborhoods, bringing children of all cultures and income levels together to learn the many skills of good sailing. By its very nature sailing builds not only dexterity and physical prowess; it also builds and nurtures responsibility, initiative, self-confidence and self-help, a respect for the forces of nature, and courage. Sailing teaches the sailor to continually expand his knowledge and skills, while respecting his limits. Sailing is a healthy outdoor activity; with proper instruction it can become a lifetime family sport. The Courageous Sailing Program, with an ever growing population of qualified sailors, will provide an outstanding opportunity for the people of Boston to use their greatest natural and recreational resource - Boston Harbor.

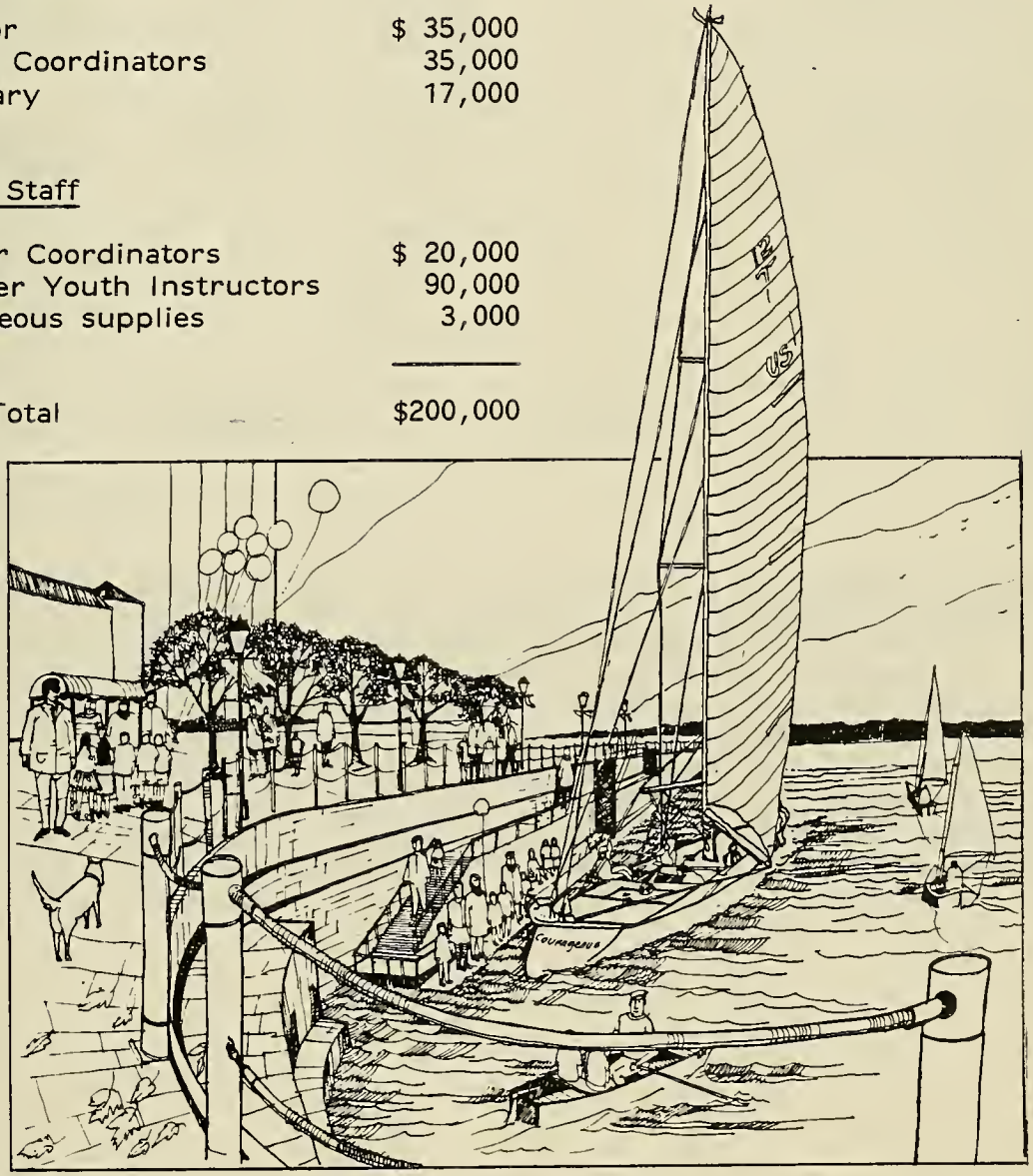


OPERATION OF THE PROGRAM

Boston Harbor presently has only one free public sailing facility, which is located in South Boston. The Courageous Sailing Program will not only provide additional free facilities, accessible to the blind and handicapped, but will also provide continuing goal-oriented training for sailors once they have learned basic sailing. The Courageous Program, a public/private partnership between the City, the Boston Redevelopment Authority, private interests, and the Courageous Sailing Center, Inc., a non-profit organization whose directors and executive officers have extensive experience in sailing and sail training. The City's Parks and Recreation Department will provide staff for the program according to the commitment outlined below:

Annual Operating Budget
(to be provided by City of Boston
Parks and Recreation Department)

Permanent Staff	
1 Director	$ 35,000
2 Sailing Coordinators	35,000
1 Secretary	17,000
Seasonal Staff	
2 Summer Coordinators	$ 20,000
30 Summer Youth Instructors	90,000
Miscellaneous supplies	3,000
Annual Total	$200,000



The Courageous at Pier 4

The Boston Redevelopment Authority and private interests will be responsible for providing the physical plant and capital equipment, and the Courageous Sailing Center, Inc. will administer the program. The initial three year capital equipment budget is given below:

Proposed Three Year Capital Budget

1987		1988		1989	
10 Rhodes 19 sailing boats	$ 70,000	10 Rhodes 19 sailing boats boats	$ 70,000	1 15 ton hoist	$ 15,000
10 sails for Rhodes 19	10,000	10 sails for Rhodes 19	10,000	5 Brutal Beasts sailboats	25,000
1 Boston Whaler Sport (13 ft.)	7,000	5 Brutal Beasts sailboats	25,000	5 sails for Brutal Beasts	1,500
		5 sails for Brutal Beasts	1,500	1 Sea & Sea 36 cruising boat	70,000
Misc. supplies life jackets rope bull horn teaching manuals buoys furnishing for trailer	20,000	1 Boston Whaler 20 ft. trailer	21,000	Misc. supplies	5,000
		Misc. supplies	5,000		
Annual Total	$107,000		$132,500		$116,500
Three Year Total					$356,000

The Courageous Sailing Program will use standards of achievement that give the student an orderly learning progression and at the same time provide benchmarks of accomplishment. There are a number of guidelines which can be followed to assure that there is always a challenge for the student. To sustain interest and provide opportunities for continuous growth, the Courageous Sailing Program will offer four progressively higher level courses: (1) basic sailing, (2) intermediate sailing, (3) a junior racing program or basic cruising for the more experienced students, and (4) advanced racing and cruising. At the end of a four-year stint in the Courageous Program, boys and girls will have developed skills to hold their own in either a sailboat race or a weekend cruise.

The Courageous Sailing Program will have three sessions each year -- Spring, early Summer, and late Summer. These sessions will allow students to progress from one level to the next, providing constant challenge and rewards (certification) for completing each course.

Spring Session (April 15 - June 15)

The Spring program will consist of one session, meeting two and one-half hours per day, designed for junior and high school students to practice sailing as a spring athletic activity. The primary goal of the Spring program will be to train beginning sailors, and thus help them on to their school's team. High school sailing is already a competitive sport in the Boston metropolitan area, so that once students develop the skills there are opportunities for practice and competition. As a pilot program in 1987 the Courageous Sailing Program will aim at four high schools, two public and two parochial, each generating about 20 students. The students will spend the spring of '87 building skills with a coach and practicing racing. This will encourage them to "come out for the team" next year, when a more extensive competitive sailing program can be developed.

The Spring program will also allow "free sailing" on weekends for additional practice time. In addition weekend sailing will allow those skilled enough to sail with friends and family, so that as many people as possible can participate in the Courageous Sailing Program.

Summer Sessions

The Summer sessions will each run for four weeks, with students attending either in the morning or the afternoon.

Each session will consist of five four-hour training periods per week for four weeks - a total of eighty hours in the classroom, rigging, and sailing. Initially the program should be able to handle about 60 students per session or up to 120 the first year. Some students, of course, will sign up for a second session to build their skills, so the total number going through the Program the first year would be somewhat less than 120.

Instruction

All instructors will be certified by either the Red Cross or the American Sailing Association. Actual courses at each level will be structured so that students can mitigrate easily from one level to the next. Instructors will be provided with classroom space, video equipment, and other teaching aids.

A typical program for the sailor who follows the racing track over four years of two summer sessions would be this:

Year One

Session 1 - Basic Sailing
Session 2 - Intermediate Sailing

Year Two

Session 1 - Racing Introduction
Session 2 - Junior Varsity Crew 1 position

Year Three

Session 1 - Junior Varsity Crew 2 position
Session 2 - Junior Varsity Skipper

Year Four

Session 1 - Varsity
Session 2 - Junior Varsity Skipper

A typical cruising track would be:

Year One

Session 1 - Basic Sailing
Session 2 - Intermediate Sailing

Year Two

Session 1 - Introduction to Cruising
Session 2 - Bosun's Berth

Year Three

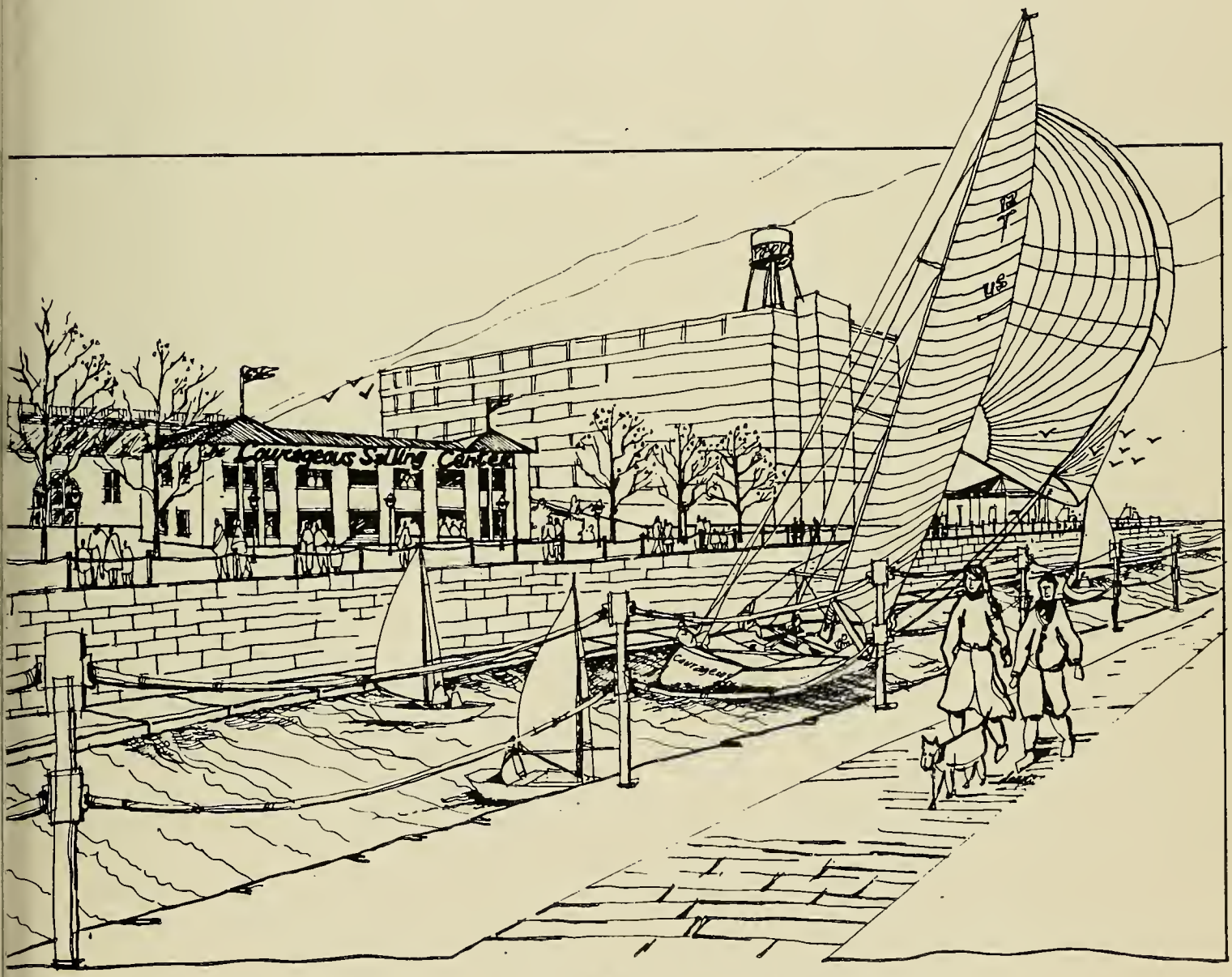
Session 1 - Crew berth forward
Session 2 - Crew berth aft

Year Four

Session 1 - Navigator
Session 2 - Skipper

SOCIAL EVENTS

In order to foster friendship across the City, the Courageous Sailing Program will schedule events such as sails on the Courageous itself, cookouts on the Harbor Islands, overnight cruises, invitational regattas, talks by well known sailors, and award ceremonies for the students. Much morale and comraderie can be built through these events, especially if they are centered on such a dramatic example of teamwork and self-reliance as the Courageous.



The Courageous Sailing Center